

| <u>ASVAB Reflection</u> | | |
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| Criteria | Analysis | Content |
| 5: Distinguished | The student's paper shows serious self-examination resulting in new or enhanced understandings and valid speculation about the implications of those understandings for the student's future. | The paper is comprehensive: all of the required elements are included and clearly identified; each element is well-elaborated and supported with ample detail to inform readers and to justify conclusions and about future plans. |
| 4: Accomplished | The student's paper shows thoughtful self-analysis resulting in some new or enhanced understandings, and some thoughts about his or her future plans based on those understandings. It communicates an understanding of strengths and weaknesses and how it will affect his/her future | The paper is complete, in that all of the required elements are included and sufficiently elaborated to inform readers and to support the conclusions drawn. It connects knowledge and skills gained in their ASVAB experience with future career and educational goals. |
| 3: Competent (Standard) | The student's paper shows some self-analysis leading to clearer understandings, and some thinking about the meaning of these for future plans; the analysis or the thinking about implications could be stronger. It reveals strengths and weaknesses. | The paper is thorough and detailed: it has all the required elements and many supporting details; elements of the paper could be more clearly identified, or more fully supported with information, and connections to conclusions could be stronger. |
| 2: Needs Improvement | The student's paper shows an attempt to analyze life experiences; but, analysis is mostly superficial and the paper is more narrative than reflective; conclusions tend to be poorly supported. It attempts to address strengths and weaknesses | The paper is somewhat incomplete; one or more of the required elements is missing or too brief to be informative, and/or there is too little supporting detail to inform readers or support conclusions drawn. |
| 1: Limited | The student's paper shows little/no attempt to analyze the experiences being described, or to draw conclusions about implications for future plans. There is little or no identification of strengths and weaknesses | The paper is incomplete: required elements are missing, or so brief/unelaborated as to be unrecognizable, and or there is too little detail to fulfill the purposes of the autobiographical paper. |

This paper is a reflection on your ASVAB experience and your future career plans. Your first paragraph should address the results of the ASVAB test and interest inventory. Discuss your strong and weak areas and how they relate to possible careers. In paragraphs 2 and 3 discuss the pros and cons of 2 careers that you are considering. Be sure to reference the work values on pages 16 and 17 as well as the skill importance ratings listed on pages 28-41. In paragraph 4, address the steps that you will need to take over the next year and a half to prepare for your career after high school. Discuss the courses you should take your senior year, areas you need to improve on, and goals you need to meet in order for you to be successful